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# Controlled Expansion of Supercritical Solution: A Robust Method to Produce Pure Drug Nanoparticles With Narrow Size-Distribution



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# ABSTRACT

We introduce a robust, stable, and reproducible method to produce nanoparticles based on expansion of supercritical solutions using carbon dioxide as a solvent. The method, controlled expansion of supercritical solution (CESS), uses controlled mass transfer, flow, pressure reduction, and particle collection in dry ice. CESS offers control over the crystallization process as the pressure in the system is reduced according to a specific profile. Particle formation takes place before the exit nozzle, and condensation is the main mechanism for postnucleation particle growth. A 2-step gradient pressure reduction is used to prevent Mach disk formation and particle growth by coagulation. Controlled particle growth keeps the production process stable. With CESS, we produced piroxicam nanoparticles, 60 mg/h, featuring narrow size distribution (176  $\pm$  53 nm).

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# Introduction

Particle production based on supercritical carbon dioxide  $(scCO_2)$  is efficient, inexpensive, and ecological.<sup>1</sup> These kinds of bottom-up technologies form particles by recrystallization.<sup>2</sup> CO<sub>2</sub> is the most common solvent in supercritical processes because its critical temperature and pressure are relatively low, 31°C and 74 bar.<sup>3</sup> Furthermore, CO<sub>2</sub> is "Generally Recognized As Safe" by the Food and Drug Administration; it is neither flammable nor toxic. The prepared particles are pure, and the obtained polymorph can be controlled.<sup>4-6</sup> Supercritical particle production allows using a 1-step preparation process.<sup>2</sup> This simplifies the particle production, which, for example, in common industrial ball milling techniques requires many steps and excipients. Moreover, current nanoparticle technologies feature limited batch size and often require organic solvents.<sup>7</sup>

Particle production techniques using scCO<sub>2</sub> use scCO<sub>2</sub> as solvent, as solute, or as antisolvent.<sup>5,8</sup> Rapid expansion of supercritical solutions (RESS) is a solvent- and excipient-free production method.<sup>9</sup> It has been used to micronize pharmaceutics<sup>1,4,10</sup> and to produce nanomicron- and submicron-size drug particles.<sup>11-21</sup> For example, piroxicam, the model compound in our research, has been micronized with RESS resulting in particles with  $\emptyset = 1.52$ -8.78 µm.<sup>22</sup>

The processes using scCO<sub>2</sub> as a solvent have been modified by changing process parameters (e.g., ultrahigh pressure,<sup>23</sup> nozzle construction,<sup>24</sup> or by expanding the scCO<sub>2</sub> in a liquid environment<sup>25</sup>). However, since invented, particle production using scCO<sub>2</sub> as solvent is based on rapidly decreasing the pressure.<sup>26</sup> Although promising also for nanoparticle production, the results have not always been satisfactory regarding particle size and product uniformity.<sup>27</sup>

In RESS, the supercritical solution is expanded through a nozzle,<sup>28,29</sup> and the subsequent rapid decrease in solvent density reduces the solvent power.<sup>30</sup> Particles are generated as solute precipitates, and the particle formation, the creation of a single spherical particle of radius *r*, can be understood using the reduced Gibbs energy in a closed system (Eq. 1).<sup>31</sup>

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$$\frac{\Delta G}{k \cdot T} = \frac{4 \cdot \pi \cdot \sigma \cdot r^2}{k \cdot T} - \frac{4 \cdot \pi \cdot r^3}{3 \cdot \nu_{2, S}} \left( \ln S - \nu_{2, S} \left( p - p_{2, sub} \right) / (k \cdot T) \right)$$
(1)

where  $\Delta G(kT)^{-1}$  is the reduced Gibbs energy, *k* Bolzmann constant, *T* temperature,  $\sigma$  the interfacial tension of the solute,  $v_{2,s}$  the molecular volume of the solid phase,  $p_2$  the partial pressure of the solute, and *S* the supersaturation. The parameter to alter in the expansion of a supercritical process is the supersaturation (Eq. 2).<sup>32</sup>

$$S = \frac{y_{2,E}(T_E, p_E) \cdot \Phi_2(y_{2,E} (T_E, p_E))}{y_2(T, p) \cdot \Phi_2(y_2^*(T, p))}$$
(2)

where  $y_{2,E}(T_E,p_E)$  is the mole fraction of the solute at postexpansion temperature and pressure,  $y_2^*(T,p)$  the equilibrium mole fraction of the solute at the extraction temperature and pressure, and  $\Phi_2$ the solute fugacity coefficient relating the ideal gas pressure and the effective pressure of a real gas. The molar ratios determining the degree of supersaturation directly depend on the preexpansion and postexpansion pressure and temperature. A steep drop in pressure and temperature decreases the density and solvent power of CO<sub>2</sub> significantly, resulting in a high degree of supersaturation. The higher the degree of supersaturation, the more numerous and smaller the formed nuclei.<sup>33</sup>

After nuclei formation, particles grow by 2 mechanisms: condensation where free molecules are deposited onto the nuclei surface and coagulation where particles grow by colliding.<sup>34,35</sup> In RESS, the time available for particle growth by condensation is limited to microseconds.<sup>36</sup>

The key RESS parameters that affect the end product are nozzle geometry, preexpansion temperature and pressure, and the post-expansion pressure and temperature.<sup>30,34</sup> In RESS, the ratio of preexpansion to postexpansion pressures exceeds 10, the ejection velocity is sonic at the nozzle, and later supersonic.<sup>37</sup> The supersonic free jet ends with a Mach disk beyond which the velocities again are subsonic.<sup>35,37</sup>

Particle precipitation in the RESS process mainly takes place after the nozzle exit and in the shear layer of the jet.<sup>38</sup> The inlet pressure determines the exact location at which the particle formation begins.<sup>39</sup> The particle concentration is highest at the Mach disk, and the main mechanism for particle growth is coagulation in the subsonic free jet.<sup>18</sup> The flow in the collection chamber of a RESS system is often complicated because of time varying thermal and hydrodynamic conditions and changing density, temperature, pressure, and flow velocity. This velocity can reach 700 m/s before the Mach disk.<sup>38</sup> Particle growth is accelerated beyond the shock in the expansion jet, and thus, theoretical predictions of particle size often deviate from the size of the actual particles.<sup>39</sup>

Our experiments indicate that nanoscale particles can also be produced in opposite conditions: *slow depressurization and with low degree of supersaturation*, using a method developed in this research, CESS. CESS essentially differs from RESS and uses controlled mass transfer, controlled flow, controlled pressure reduction, and finally particle collection in dry ice (Table 1). The core of the technology is to allow larger initial nuclei size and particle growth by condensation. This avoids the variation in temperature, pressure, and density, as well as the particle growth by coagulation.

# **Materials and Methods**

Piroxicam, a nonsteroidal anti-inflammatory drug, (Hawkings Inc.) and CO<sub>2</sub> ( $\geq$ 99.8% AGA, Helsinki, Finland) were of analytical grade and used as received.

#### Table 1

Essential Differences Between RESS and CESS Techniques
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Feature	RESS	CESS
Pressure drop	Rapid	Controlled
Ratio of pressure drop	>10	<10
Flow velocities	Supersonic	Subsonic
Degree of supersaturation	High	Low
Formation of Mach disk	Yes	No
Particle formation	Mainly beyond exit nozzle	Mainly before exit nozzle
Main mechanism for particle growth	Coagulation	Condensation

A specific pressure and temperature profile is created with a system consisting of a high-pressure pump (SFT-10; Supercritical Fluid Technologies Inc.), a 100-mL custom-made high-pressure chamber, a heater/mixer (MR 2002, Heidolph, Germany), needle valve (Swagelok), 40-cm outlet tube (Sandvik, Sweden), a main nozzle and 2 additional nozzles (Mist&More Inc.), and a collection chamber (Fig. 1). The pressure chamber was loaded in room temperature with a surplus of piroxicam (300 mg) and filled with liquid CO<sub>2</sub>. Saturated solution of piroxicam was made as the pressure was increased to 200-350 bar and the temperature to 60°C-70°C. A magnetic mixer (1500 rpm) ensured proper mixing. The valve temperature was kept at 40°C with proportional-integral-derivative–controlled (16S, Meyer) resistors.

The pressure reduction in the system occurs in 2 steps. The first step takes place along the outlet tube connecting the pressure chamber to the collection chamber. The flow is controlled by a needle valve. At the valve, the pressure decreases from 230-250 bar to 30-45 bar, whereas the temperature is kept constant. The particles are formed as the pressure decreases. The flow rate inside the outlet tube is kept at 24 mL/min. The second pressure reduction step occurs at the exit nozzle as the formed particles are transferred from the outlet tube into the collection chamber. As the volume increases, the pressure drops from 30-45 bar to 4 bar, the counter pressure in the collection chamber (Fig. 2). The nozzle at the end of the outlet tube maintains the pressure in the outlet tube and controls the flow. The particles are collected in dry ice formed by the Joule-Thomson effect and enhanced with 2 additional CO<sub>2</sub> sprays (15° angle relative to the main nozzle). Solid dispersion consisting of nanoparticles and dry ice is formed. This further prevents particle growth by coagulation and inhibits aggregation.

The nanoparticles can be stored within the dry ice to increase stability. Alternatively, the dry ice can be sublimated in nitrogen atmosphere, and the particles collected as dry nanoparticle powder. The production rate of the nanoparticles with our small laboratory-scale device is 60 mg/h.

Particle size and morphology of 3 nanoparticle batches and bulk piroxicam were examined by scanning electron microscopy (Quanta 250 FEG, FEI Inc.). Samples were collected on a generic stainless steel metal net and sputter coated with a 5-nm-thick platinum layer (Q150T Quomm, Beijing, China). The particle size was determined by diameter measurements and analysis with the ImageJ freeware (National Institutes of Health).

# **Results and Discussion**

The pressure, flow, and the rate of solid dispersion formation within the collection chamber are constant. Therefore, the collection and particle production processes are stable. The robustness, stability, and reproducibility of the process were proven by preparing 3 batches of similar product. The



Figure 1. Experimental apparatus used to produce nanoparticles. Inset shows the thermodynamics of CESS.

scanning electron microscopy images obtained from different parts of each sample indicate that the nanoparticles prepared from piroxicam were monodisperse in size and shape. The average nanoparticle diameter was 176  $\pm$  53 nm, the batches 169  $\pm$  48 nm (n = 300), 179  $\pm$  54 nm (n = 300), and 179  $\pm$  67 nm (n = 300; Fig. 3). The particle size of the bulk was 7106  $\pm$  5639 nm (n = 300). The nanoparticles were significantly smaller than the particles in the bulk. The size distribution was narrow, and the formed particles were slightly elongated.

In RESS, the rapid  $scCO_2$  expansion is considered essential for producing small particles.<sup>11,12,16</sup> The nanoparticles prepared in this research suggest otherwise. The precipitation process does not have to be fast to produce small, monodisperse particles; neither does the pressure decrease need to be rapid, nor is there a need to use ultrahigh pressures.



**Figure 2.** Schematic picture describing RESS and RESS process. Pressure within (a) the RESS and (b) the CESS system.Pressure drop in RESS modified from the study by Martin and Cocero.<sup>34</sup>

It can be assumed, based on the pressure drop followed by the decrease in the solvent power of the  $CO_2$ , that in the CESS process, nucleation is initiated in the needle valve, whereas particle formation occurs in the outlet tube as the pressure and temperature decrease. The limited outlet tube volume, 1 mL, inhibits scCO<sub>2</sub> expansion which keeps the degree of supersaturation moderate. The size of the initial nuclei is larger, and the number of nuclei is lower than in the RESS process. Condensation is the main mechanism for particle growth within the outlet tube. As the generated nuclei are transported through the outlet tube, piroxicam molecules precipitating out of the scCO<sub>2</sub> phase are deposited onto the nuclei and the particles grow. The condensation step in the system is optimized by keeping the outlet tube short while securing the ability to maintain the desired pressure.

In CESS, the focus is on achieving slow velocity and limited mass transfer. The ratio of pressure before and after each pressure drop is kept below 10. This prevents the flow speed beyond the nozzle from reaching sonic velocity, and thus, there is neither a Mach disk nor density differences in the collection chamber as in the RESS process. Consequently, particle growth by coagulation is reduced. Particles form under mild conditions, and particle formation and growth is thus much slower than in RESS and the particles form in a controlled environment.

The CESS process itself is more robust, stable, and reproducible, than the RESS process; the pressure and flow as well as the production rate are constant and the environment for particle formation between processes is identical. In contrast to RESS, small changes in the initial pressure and temperature do not affect the end product.<sup>19</sup> The CESS process produces small particles successfully without use of cosolvents, excipients, or collection into aqueous media.

A disadvantage of the CESS approach is the larger initial nuclei size. This can be addressed for example by altering the thermodynamics of the process by laser ultrasound. Furthermore, additional pressure drop steps and alternative collection methods can be introduced to the process. The production and



Figure 3. Nanoparticles and bulk piroxicam: (a) batch 1, (b) batch 2, (c) batch 3, and (d) bulk piroxicam. The size bar is 5  $\mu$ m. Particle size distributions with mean particle size and standard deviations for (e) batch 1, (f) batch 2, and (g) batch 3.

the production rate can be increased. The process itself permits upscaling.

# Conclusions

We established a crystallization process that uses scCO<sub>2</sub> and offers significant advantages compared to existing scCO<sub>2</sub> techniques. CESS with 2-step gradient pressure reduction permits producing pure drug nanoparticles with narrow size distribution. CESS offers a method to produce nanoparticles that contain no excipients or organic solvents. The RESS process aims for rapid pressure drop and particle formation, whereas CESS forms particles in a controlled manner. Uniform nanoparticles are produced and collected efficiently, and the process is robust and upscalable.

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